

Baptist Nursing Fellowship

Ministry Ideas for Health Care Workers



There are many ways to have a BNF group in your local church, association or region. You may be a group that decides to have a prayer focus composed of nurses. This group could offer a confidential time for health care workers to share their personal needs and concerns. With the mental health crisis today, this is a way to help our health care workers relieve some of their stress. If it is important to you to use your skills and gifts in health care you may also choose to do missions projects like the ones below. Use these ideas to help you see the needs God has placed in your area and follow His leadership as you plan missions projects your group can do together.

- Make missions health kits to give to those in need. Some items you may include are: hand sanitizer, band aids, small/medium bandages, paper tape, antibacterial ointment, cough drops, individual packets of aspirin and/or ibuprofen, soap, toothbrush, toothpaste, washcloth.
- BNF has missions trips especially for health care workers. Visit <https://www.baptistnursingfellowship.org/eventsopportunities> to see if there are opportunities in which your BNF chapter would be interested.
- Plan a Sunday (could even be once a quarter) to provide blood pressure checks and answer basic questions about health. You may want to also have pamphlets about health, nutrition, and safety.
- Arrange to meet with the Women on Mission group(s) and share with them needs in your community that they may help address (for example, nursing homes, clinics and hospitals that need non-medical volunteers, seniors that need assistance to get to medical appointments, clothing for victims of assault, lap quilts, etc.) You may also offer training as needed for those who do not usually volunteer in medical situations.
- Check out the state BNF website for ideas of ways to be involved, like Sandra's bags, started in South Carolina by Region IV.
- Invite someone in your association who has volunteered with Disaster Relief to come and speak to your group, preferably someone health care related. Find out how health care workers can be involved in this ministry.
- Invite a health care missionary or someone who has been on a missions trip to come and share about their experience.

- Meet at a designated location and go in groups of two to visit with those in your community who are having health problems. You may take them a lap quilt, pillow, or a bag for their walker. Other adult or student groups may help provide these items, contact your WMU director to see.
- Instead of meeting at a specific time for one month, let each member sign up or arrange a time that they will give respite care to someone in need.
- At the beginning of flu season, meet with a group(s) in your church to share tips to prevent the flu and answer questions about getting flu shots.
- Provide a baby care class for teens that are interested in babysitting. This could be a class also offered for all those who will be working with baby-tuos in your church.
- Meet with the senior adults in your church and help them set up a “just checking” system. Have a senior adult contact (phone, email, Facebook) with another senior adult each day. This is especially important for those who live alone and may not have someone with whom they are interacting daily. Share steps to take when a potential problem arises (person does not answer or responds strangely, etc.).
- During May for Nurse’s Appreciation, plan a fun “night out for nurses.” Talk with your WMU director or Women on Mission leader to help arrange a party and if possible, invite local nurses who do not attend church. You could get the whole church involved as they invite ‘their’ nurse.
- There are several support groups BNF (and adult missions groups) could help sponsor: such as,
 - Cancer patients
 - Sexual Assault
 - Domestic Violence
 - Emotional Abuse
 - Abuse, Addictions
 - Death and Grief
- Invite those who minister to internationals to come and share how you as health care professionals can help reach out to internationals with whom you come into contact daily.
- Ask a hospital or hospice chaplain to come and share ways you can assist health care workers with the grief which they may face on a regular basis.
- Sponsor a class for new moms and dads and share tips on how to communicate with medical personnel and practical tips for a healthy home.